

Karate



Venue: Barlow Elementary

Karate BC Draws and Results: [Link Here](#)

Thursday, February 22, 2024		
Start	End	Event
10:00	10:30	Athlete and Coach Meeting
10:00	16:00	Referee Clinic
10:30	12:30	Athlete Height Verification
10:30	15:30	Rotating Zone Team Training
13:00	14:00	Zone Team and Referee Photos
15:30	16:00	Coach Meeting
16:00	17:00	Scorekeeper/Volunteer Training
Friday, February 23, 2024		
Start	End	Event
8:15	8:45	Athlete Warm-up
8:45	9:00	Karate Opening Ceremony
9:00	12:30	Individual Kata - Elimination Rounds
13:30	14:30	Team Kata - Elimination Rounds
14:30	18:00	Individual Kumite - Elimination Rounds
Saturday, February 24, 2024		
Start	End	Event
8:30	9:00	Athlete Warm-up
9:00	11:30	Individual Kata - Elimination Rounds
11:30	12:30	Team Kata - Elimination Rounds
13:30	16:00	Individual Kumite - Elimination Rounds
16:00	17:00	Team Kumite - Elimination Rounds
17:00	18:00	All Categories - Bronze Medal Matches
Sunday, February 25, 2024		
Start	End	Event
8:00	8:30	Athlete Warm-up
8:30	10:30	All Categories - Gold Medal Matches
11:00	12:00	Medal Ceremony
<i>We respectfully acknowledge the traditional territory of the Lhtako Dene Nation.</i>		
Final - February 2		