

# Speed Skating

includes Special Olympics



Venue: Kin 1 Prince George

## Thursday, February 22, 2024

Start	End	Event
10:00	14:45	Rotating practice sessions
10:00	14:45	Rotating athlete and coaches meeting for those groups not on ice
14:00	14:30	Officials Walk Through

## Friday, February 23, 2024

Start	Divison	Distance	Number of Races
10:30	U14 Female	400m Heat	5
10:42	U14 Male	400m Heat	5
10:55	U16 Female	500m Heat (111)	3
11:02	U16 Male	500m Heat (111)	4
11:12			
11:32	U14 Female	400m Semi	5
11:45	U14 Male	400m Semi	5
11:57	U16 Female	500m Semi (111)	3
12:05	U16 Male	500m Semi (111)	4
12:15	Lunch and Resurfacing		
12:35	U14 Female	400m Final E-A	5
12:47	U14 Male	400m Final E-A	5
13:00	U16 Female	500m Final C-A	3
13:07	U16 Male	500m Final D-A	4
13:17			
13:47	U14 Female	1500m Heat	4
14:07	U14 Male	1500m Heat	4
14:27	U16 Female	1500m Heat	3
14:42	U16 Male	1500m Heat	3
14:57	Resurfacing		
15:17	U14 Female	1500m Final D-A	4
13:37	U14 Male	1500m Final D-A	4
14:57	U16 Female	1500m Final C-A	3
16:12	U16 Male	1500m Final C-A	3
<b>17:00</b>	<b>17:30</b>	<b>Medals</b>	

## Saturday, February 24, 2024

Start	Divison	Distance	Number of Races
10:30	U14 Female	800m Heat	5
10:45	U14 Male	800m Heat	5
11:00	U16 Female	1000m Heat (111)	3
11:12	U16 Male	1000m Heat (111)	4
11:28	Resurfacing		
11:48	U14 Female	800m Final E-A	5
12:03	U14 Male	800m Final E-A	5
12:18	U16 Female	1000m Final C-A	3
12:30	U16 Male	1000m Final D-A	4
12:46	Lunch and Resurfacing		
13:16	U14 Female	1000m SF E-A	5
13:36	U14 Male	1000m SF E-A	5
13:56	U16 Female	777m SF C-A	3
14:05	U16 Male	777m SF D-A	4
14:17	Resurfacing		
14:37	Mixed Gender Relays Heat U14		4
15:17	Mixed Gender Relays Heats U16		3
15:47	Resurfacing		
16:07	Mixed Gender Relays A Finals U14		1
16:17	Mixed Gender Relays A Finals U16		1
16:30	17:30	Zone Team Photos and Officials	
<b>17:00</b>	<b>17:30</b>	<b>Medals</b>	



We respectfully acknowledge the traditional territory of the Lhtako Dene Nation.